

TWENTY SIXTH JCB LAKESIDE '5'

SENIOR 5 MILE RACE/FUNRUN

JUNIOR 3 MILE RACE/FUNRUN (Open Age Fun Run)

SPONSORED BY

JCB LOADALL BUSINESS UNIT



5 MILE Certificate No. MC-M476/07



Road Race Licence. No. Applied For

JCB LOADALL WORLD NO. 1

THURSDAY 16th JULY 2009

3mile Race – 16 years and under/Open Age Fun Run – starts 6-30pm - **Children under 9 years of age must have adult supervision.**

5 mile Race/Fun Run starts 7-15pm – **Note! In accordance with UK Athletics rules children under 15 years of age are not permitted to enter this event.**

All runners completing the course will receive a memento at the end of the run.

PRIZES WILL BE PRESENTED IN THE JCB LAKESIDE CLUB ON THE NIGHT AT 8-30PM

Prizes for both Junior and Senior events – Prizes given in all usual Veterans Categories

500 Entries Limit (total both events) – closing date for runners 10th July. Enclose an A4 SAE envelope with your entry. ENTRIES WILL ONLY BE ACCEPTED ON THE NIGHT PROVIDING THE LIMIT HAS NOT BEEN REACHED.

Please Tick:

ENTRY FEES:

Affiliated (A.C. Club members)	£7.00	
JCB Employees (and family) runners	£7.00	
Unaffiliated runners (Non A.C. member)	£9.00	
3 Mile Race / Fun Run (All Age groups)	£5.00	
All entries on the night plus a charge of	£2.00	
Total	£	

Please Tick

MALE	<input type="checkbox"/>	FEMALE	<input type="checkbox"/>	Age on Race Day:	Years Old
------	--------------------------	--------	--------------------------	------------------	-----------

U.K. Affiliated Club Name: (If not a club member write unaffiliated)	NSRRA No.
UKA Registration Number:	(Leave blank if you not a member)

Surname: _____ First Name(s): _____

JCB Company / Department / Family Name: _____

Home Address: _____

Post Code: _____

A signed entry form will be considered as acceptance of UKA rules and a declaration that you will run entirely at your own risk. Persons with a known medical condition are advised to consult their doctor before taking part in an event.

Signed: _____ Date: _____

Parent's/Guardian's Signature for Children: _____

I enclose the appropriate fee of £ _____ (cheques should be made payable to "JCB Lakeside Club")

Entries to Tracy Watson, JCB Lakeside Club, Hollington Road, Rocester, Staffs ST14 5HY Phone:01889

591057 email: jcblakeside@tiscali.co.uk